Zinc Reductions of Keto-steroids

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Summary Zinc reductions of keto-groups to methylene groups in such typical organic solvents as diethyl ether and benzene saturated with dry hydrogen chloride have been carried out successfully at 0° (lhr.).

We reported a useful method for conversion of keto-groups into methylene groups by using active zinc powder in acetic anhydride saturated with hydrogen chloride. In such reactions, easy reduction of keto-groups is attributable to the formation of acylium cation from acetic anhydride and dry hydrogen chloride. However, treatment of

cholestan-3-one with active zinc powder in acetic anhydride–toluene-p-sulphonic acid (or BF $_3$ etherate) did not afford any reduction products. We further examined zinc reductions of keto-groups by using common organic solvents saturated with dry hydrogen chloride, without using acetic anhydride. Cholestan-3-one (100 mg.) was dissolved, with stirring, in diethyl ether (15 ml.) saturated with dry hydrogen chloride at 0°. To the resulting solution active zinc powder (1 g.) was added slowly, with ice cooling.† After having been stirred at 0° for 1 hr., the reaction mixture was treated according to the usual procedure to give a 89%

 \dagger Zinc powder was used immediately after activation with 0.5% hydrochloric acid.

yield of cholestane.1 Zinc reductions of other keto--acetoxy-ketone with zinc powder in acetic acid (or hydrosteroids were carried out under similar conditions. The chloric acid) leading to the corresponding ketone.3

Zinc reductions of keto-steroids (0°, 1 hr.)

Ketone		Solvent ^a	Product	Yield (%)
Cholestan-3-one	 	Diethyl ether	Cholestane	89
		Tetrahydrofuran	Cholestane	44
		•	(Cholestane	64
		Benzene	3-Chlorocholestane	21
		n-Hexane ^b	Cholestane	57
			3-Chlorocholestane	8
2α-Bromocholestan-3-one	 	Diethyl ether	Cholestane	85
α-Acetoxycholestan-3-onec	 	Diethyl ether	Cholestane	79
Androstane-3,17-dione	 	Diethyl ether	Androstane	75

^a Methanol and ethyl acetate are not good as solvents. ^b Starting material was recovered (30%).

results are summarized in the Table. In particular, diethyl ether seems to be much better for the reaction than other solvents (see the Table). Furthermore, 2x-bromoor -acetoxy-cholestan-3-one can be reduced to cholestane, in contrast to the usual reduction of an α-halogeno- or

The mechanism of the above reduction, which must be carried out under anhydrous conditions, may be essentially similar to that of a Clemmensen reduction.

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[°] A mixture of 2α - and 4α -acetoxycholestan-3-one $(1:1)^2$.

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